

Marathon Health Network in Richmond

Extensive service offerings to spark your health journey



Prevention

Health Screenings

- Annual Exams
- Blood Pressure
- Body Mass Index
- Cholesterol
- Glucose
- School, Camp and Sports Physicals

Health Coaching

- Nutrition
- Physical Activity
- Tobacco Cessation
- Stress Management
- Weight Loss

Chronic Condition

- Coaching
- Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart Health
- Low Back Pain
- Sleep Apnea
- Educational Offerings



Sick Visits

- Bronchitis
- Common Cold
- Constipation
- Cough
- Diarrhea
- Eye Infections
- Headache
- Joint Pain
- Nausea and Vomiting
- Nosebleed
- Sinus Infections
- Skin Infections
- Strep Throat



Behavioral Health

- Anxiety
- Depression
- Eating disorders
- Grief
- PTSD



Medication Services

Prescriptions can be filled at the pharmacy at Marathon Health @ Hioaks or through home delivery.



Lab Services

Blood work and lab tests processed at the center include hemoglobin A1C, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation and pregnancy. Additional lab tests can also be drawn and sent to an outside lab for processing.

Eligibility: All employees, regardless of health insurance plan, as well as spouses, dependents (ages 2+) and retirees on a County health plan are eligible to use Marathon Health services.

Marathon Health Network

You have access to virtual and in-person care through the health centers in the Marathon Health Network in Richmond. You also have access to virtual care through Marathon Health Anywhere. Visit the portal for more details.



SCHEDULE AN APPOINTMENT

Learn more about eligibility, cost and health center info by scanning the QR code or calling 888-830-6538 | my.marathon-health.com



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